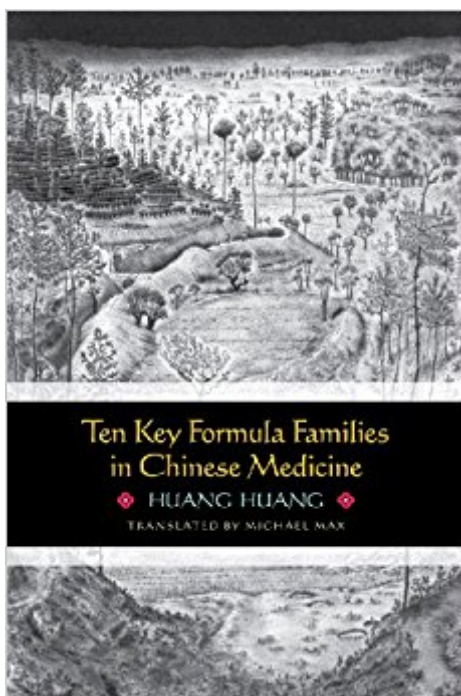


The book was found

Ten Key Formula Families In Chinese Medicine



Synopsis

Ten Key Formula Families in Chinese Medicine provides a practical path to a deeper understanding of traditional Chinese herbal formulas. Dr. Huang discusses the core aspects of the ten most important families of formulas in the classical formula tradition in a way that is both profound and accessible. By introducing the concept of constitutions and the attendant vulnerabilities of those constitutions to certain types of disorders, he hands the reader a very useful key to understanding how and when to use these formulas in the clinic. The ten families of formulas are grouped around the following herbs: Cinnamon - Cinnamomi Ramulus Ephedra - Ephedrae Herba Bupleurum - Bupleuri Radix Gypsum - Gypsum fibrosum Rhubarb - Rhei Radix et Rhizoma Coptis - Coptidis Rhizoma Aconite accessory root - Aconiti Radix lateralis preparata Dried ginger - Zingiberis Rhizoma Astragalus - Astragali Radix Pinellia - Pinelliae Rhizoma preparatum For each family of formulas, Dr. Huang describes the associated presentation and constitutional aspects common to all members of the family, then turns to the individual formulas that are especially useful for treating particular aspects of that presentation. The discussion is embellished with case histories and relevant clinical research.

Book Information

Paperback: 337 pages

Publisher: Eastland Press; 1 edition (July 20, 2009)

Language: English

ISBN-10: 0939616688

ISBN-13: 978-0939616688

Product Dimensions: 6 x 0.9 x 8.9 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 14 customer reviews

Best Sellers Rank: #79,102 in Books (See Top 100 in Books) #15 in [Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine](#) #60 in [Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy](#) #74 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine](#)

Customer Reviews

Huang Huang is a professor at the Nanjing University of Traditional Chinese Medicine. A prolific writer and editor, he has studied and worked in Japan, lectured widely throughout China, and recently in the United States and Australia as well. His work challenges practitioners to dig deeper

into the treasure trove of classical Chinese medicine and apply its methods in the modern clinic. Michael Max is a graduate of the Seattle Institute of Oriental Medicine. He studied Chinese language and medicine in Taiwan and on the mainland for over five years, and currently operates the Yong Kang Chinese Medicine clinic in St. Louis, Missouri where he maintains an active practice.

This book is an excellent resource for the Chinese medicine herbalist. I study every week for hours at a time to keep growing my acumen in prescribing herbal formulae. As an acupuncturist and herbalist with her own business, I rely on books like this to help me expand my skills and understanding of writing prescriptions for patients. This book goes through groups of herbal formulae based on chief ingredient, for example huang qi, and gui zhi form the basis for 2 of the 10 families. It provides a description of constitution most suited for each family of herbs, and clinical research and case examples for each. It also compares formula families to better elucidate differences. I highly recommend this book as one that will really help any herbalist using Chinese herbs. Unlike some other books I own and also really like, this one is fun to read because of the descriptions of patients and comparisons. It's not dry and technical, just enough though...

The best book. It's a funny read full of great information. It's a little different than most formula books because it groups the formulas into 10 unique groups. But this is what makes it unique and really help you understand the formulas at a different level. It's like they all have personalities ...

good book, pretty dense. recommended if you're very into formulas and want another way of looking at things

This book had been recommended to me over a year ago. I'm so glad that I finally purchased it. The logic behind the formula families is straightforward, and shedding light on formula preparation.

This book was great. It gave me a completely different way to view classical formulas as well as a way to learn them better.

Recommended for learning Chinese herbs.

I love the idea of the personality type belonging to a herb. It simplifies things and gives practitioners another way to engage with herbs.

Covers info teacher said it would. Gave good insights into various syndromes and herbs and the type of people they can help.

[Download to continue reading...](#)

Ten Key Formula Families in Chinese Medicine Chinese: Crash Course Chinese - Learn Chinese Fast With a Native Speaker: 500+ Essential Phrases to Build Your Chinese Vocabulary, Chinese, Learn Chinese, Chinese Phrasebook, Mandarin Study Aid I Love to Share (English Chinese kids, Chinese children's books): Mandarin kids books, Chinese bilingual books, Chinese baby books (English Chinese Bilingual Collection) (Chinese Edition) Chinese Bilingual Books: I Love to Brush My Teeth (chinese kids books, chinese children's books): English Chinese Children books (Chinese Bilingual Collection) (Chinese Edition) Chinese Children's Books: I Love My Dad (English Chinese Bilingual): chinese bilingual children's books (English Chinese Bilingual Collection) (Chinese Edition) Chinese baby book: Where is the Baby: English-Chinese picture book (Simplified Chinese book) (Bilingual Edition) Early Reader Chinese book for ... books for kids) (Volume 7) (Chinese Edition) I Love to Tell the Truth (chinese english bilingual,chinese children stories,mandarin kids books): mandarin childrens books,bilingual chinese (Chinese English Bilingual Collection) (Chinese Edition) I Love to Share (mandarin childrens books, chinese baby books): kids books in chinese, chinese children stories, mandarin kids (Chinese Bedtime Collection) (Chinese Edition) I Love to Tell the Truth (chinese kids books, mandarin childrens books): mandarin kids books, kids books in chinese, chinese children's books (Chinese Bedtime Collection) (Chinese Edition) Welcome to Chinese Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Chinese Recipes (Chinese Cookbook, Chinese Food Made Easy, Healthy Chinese Recipes) (Unlock Cooking, Cookbook [#13]) Nora Roberts Key Trilogy CD Collection: Key of Light, Key of Knowledge, Key of Valor Chinese Cookbook - 25 Delicious Chinese Recipes to Chinese Food Made Easy: Recipes from Chinese Restaurants Integrated Chinese: Level 2 Part 2 Character Workbook (Traditional & Simplified Chinese Character, 3rd Edition) (Cheng & Tsui Chinese Language Series) (Chinese Edition) Chinese Acupuncture and Moxibustion: A Practical English-Chinese Library of Traditional Chinese Medicine Chinese Medicine Study Guide: Diagnostics (The Chinese Medicine Study Guide Series) A Formula for Parish Practice: Using the Formula of Concord in Congregations (Lutheran Quarterly Books) cQMS Formula: A verified 4 step formula to establish and maintain a compliant quality management system I Love My Mom: Chinese children's books, Mandarin childrens books (English Chinese Bilingual Collection) (Chinese Edition) I Love to Help (bilingual mandarin book, mandarin kids): mandarin chinese for kids (English Chinese Bilingual Collection) (Chinese Edition)

The Chinese Zodiac (Incl. 1 CD) (The Chinese Library Series) (Chinese Edition)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)